

# Light microscopic immunocytochemical localization of hepatic and intestinal types of fatty acid-binding proteins in rat small intestine<sup>1</sup>

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**Abstract** Monospecific antisera to purified hepatic fatty acid-binding protein (hFABP) and gut fatty acid-binding protein (gFABP) have been used to localize these two proteins in the small intestine of fed rats at the light microscopic level. Pieces of duodenum, jejunum, and ileum were removed from 4-, 10-, 20-, 22-, and 60-day-old Sprague-Dawley rats. Both cryostat and paraffin sections were studied for the presence of hFABP or gFABP by the avidin-biotin immunoperoxidase method. Slides were graded blind for the intensity of staining. Despite the structural and immunological differences between these two proteins, we showed no major differences between their staining patterns or their staining intensity throughout the intestine during post-natal development. The staining for both fatty acid-binding proteins was cytoplasmic. No brush border staining was found. Staining was more intense in the proximal rather than distal intestine, in the villus rather than crypt cells, and in the apex rather than the base of intestinal cells. Shifts in staining patterns, and staining intensity occurring during development may be related to variations in dietary fat intake, rates of cell proliferation, intestinal anatomy, and mechanisms for fat absorption. — Shields, H. M., M. L. Bates, N. M. Bass, C. J. Best, D. H. Alpers, and R. K. Ockner. Light microscopic immunocytochemical localization of hepatic and intestinal types of fatty acid-binding proteins in rat small intestine. *J. Lipid Res.* 1986. 27: 549-557.

**Supplementary key words** fatty acid-binding protein • immunocytochemistry • avidin-biotin immunoperoxidase method

Small molecular weight cytosolic proteins that bind long chain fatty acids have been found in a variety of tissues, including liver, small intestine, kidney, adipose tissue, cardiac muscle, and skeletal muscle and have been called fatty acid-binding proteins (FABP) (1). Hepatic fatty acid-binding protein (hFABP) and gut FABP (gFABP) (2) have been purified (3-5), and monospecific antisera have been raised to each form (3, 4). The two proteins are structurally and immunologically distinct (3-6). hFABP is probably identical to Z protein and one of the sterol carrier proteins isolated from liver (7-9). hFABP is present

in both liver and intestine (10) while gFABP is present largely in the intestine (3). The exact function(s) of these proteins in the small intestine is not known, but it has been suggested that they may act as intracellular transport proteins for fatty acids and/or be involved in intracellular fat metabolism (1, 3, 4, 11, 12). Knowledge of the anatomic location of these proteins is very slight. A single study localized Z protein in the liver at the light and electron microscope level by immunocytochemical techniques (13). By light microscopy, staining was limited to the hepatic cytoplasm. By electron microscopy, staining was found in the cytoplasm adjacent to smooth endoplasmic reticulum and mitochondria (13). In the absence of prior morphological data on the intestinal FABPs, we have used monospecific antisera to hFABP and gFABP for their immunocytochemical localization in the rat small intestine throughout development as an initial step towards a better understanding of their functional roles in the enterocyte.

## METHODS

hFABP and gFABP are small molecular weight proteins found in the 105,000 *g* supernatant of liver and small intestine (3, 4). Each was purified as previously described by either sucrose density gradient (gFABP) (3) or Sephadex thin-layer, isoelectric focusing (hFABP) (4). hFABP or gFABP were both single protein bands as determined by SDS polyacrylamide gel electrophoresis. Antisera to puri-

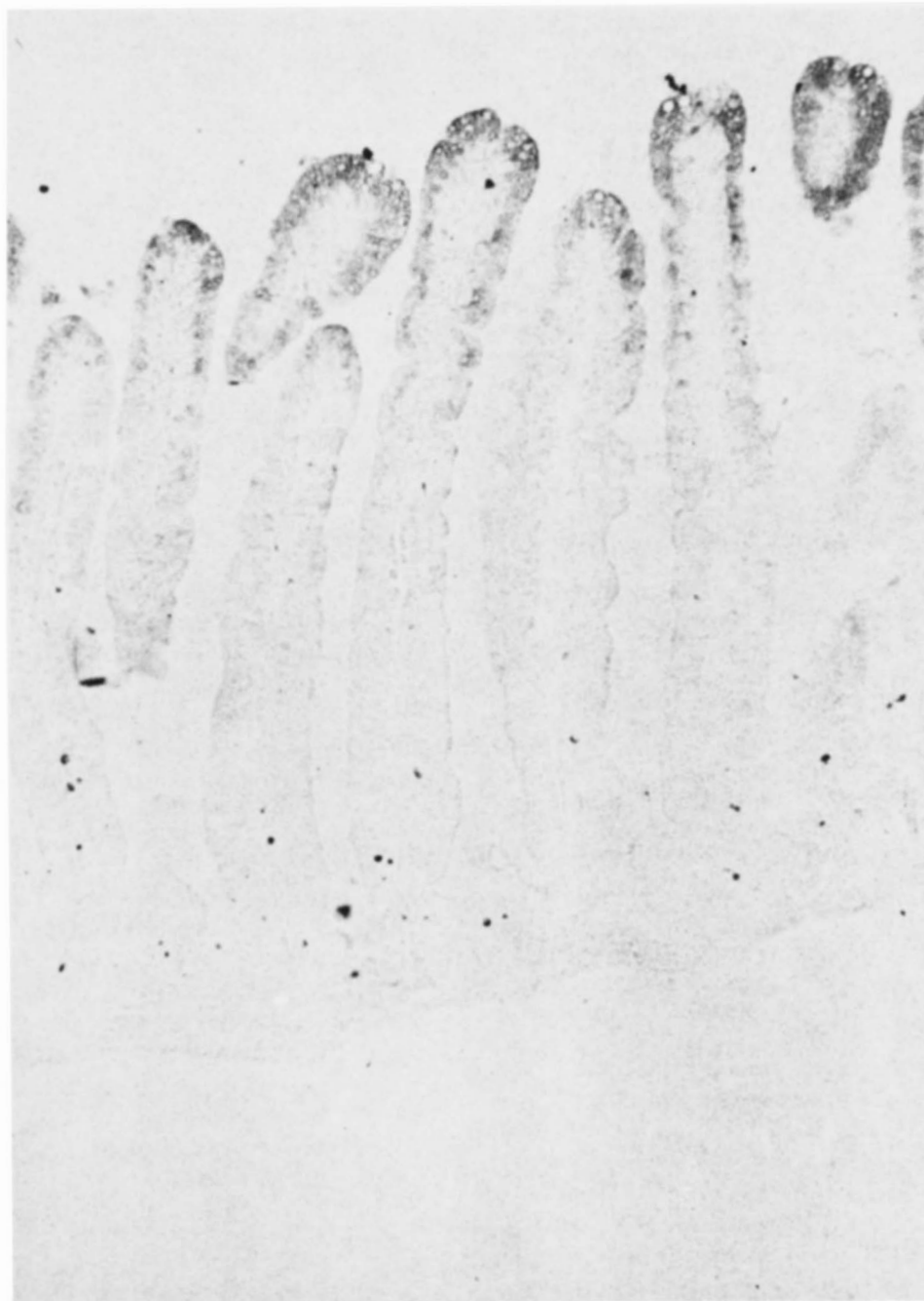
Abbreviations: FABP, fatty acid-binding protein; gFABP, intestinal type fatty acid-binding protein; hFABP, hepatic type fatty acid-binding protein; TBS, Tris-buffered saline; NSS, normal sheep serum.

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fied hFABP and gFABP were raised in rabbits as previously described (3, 4). Antisera to each type were identified as being monospecific by the Ouchterlony double immunodiffusion method (3, 4), and by the fact that each antiserum immunoprecipitated a unique polypeptide from cell-free translation mixtures (5, 6).

Full thickness pieces of duodenum (1 cm distal to the pylorus), jejunum (middle of the intestine), and distal ileum (1 cm proximal to the cecum) were removed from

suckling (4-day-old and 10-day-old), weanling (20-, 21-, and 22-day-old), and adult (60-day-old, equal numbers of male and female) Sprague-Dawley rats under ether anesthesia. Tissue from the 20-, 21-, and 22-day-old rats will be considered together under the label weanling throughout the subsequent experiments. Sprague-Dawley rats were used, since both FABPs had previously been purified from this strain (2, 3). Rats were permitted to feed up until the time they were killed.



**Fig. 1.** Low power light micrograph of a paraffin section of a 10-day-old rat duodenum stained for gFABP showing immunoperoxidase staining in the villus tip and mid-villus cells. Vacuoles are scattered throughout the apical areas of the villus tip cells. Apical staining is heavier than basal staining. No staining is noted in the crypt areas. X750.

TABLE 1. Intensity of small intestinal hFABP staining by the cryostat immunoperoxidase technique in the 10-day-old suckling rat<sup>a</sup>

	Duodenum	Jejunum	Ileum
Villus tip			
Apex	3.0 ± 0	1.5 ± 0.8	0.1 ± 0.1
Base	2.0 ± 0.4	1.1 ± 0.6	0
Golgi	2.7 ± 0.2	2.3 ± 0.7	0
Mid-villus			
Apex	0.7 ± 0.1	1.1 ± 0.6	0
Base	1.0 ± 0.3	0.8 ± 0.3	0
Golgi	1.7 ± 0.2	1.7 ± 0.7	0
Deep villus			
Apex	0.6 ± 0.1	0.7 ± 0.4	0
Base	0.6 ± 0.1	0.5 ± 0.2	0
Golgi	0.6 ± 0.1	1.3 ± 0.6	0

<sup>a</sup>Mean ± SEM; n = 4. The same data were obtained for 4- or 10-day-old rats with paraffin sections and 4-day-old rats with cryostat sections.

In the adult rats, tissue was also removed from a point measured from the pylorus to be 1/3 the length of the intestine, (corresponding to proximal jejunum) and from a point measured to be 2/3 the length of the intestine (corresponding to proximal ileum). Tissue was fixed in 10% formalin with 0.1% glutaraldehyde or 0.05% glutaraldehyde, pH 8.5, at room temperature for 20 min and then fixed at 4°C for 4 hr prior to preparing the tissue for subsequent paraffin or cryostat sections.

Preliminary experiments using a range of dilutions from 1:250 to 1:5000 for hFABP and gFABP had indicated that optimal staining occurred at a 1:1500 dilution for antiserum to hFABP and at a dilution of 1:1000 for the antiserum to gFABP.

The unlabeled antibody method (14) with the avidin-biotin immunoperoxidase system (Vectastain, Vector Laboratories, Inc., Burlingame, CA) was used for these experiments (15). In order to obtain both optimal staining and morphological preservation, both cryostat sections and paraffin sections were used for each age group of rats (16-18). The primary antiserum of hFABP at a 1:1500 dilution or gFABP at a 1:1000 dilution was put on the cryostat or paraffin sections for 30 min. For 4-day-old rats, seven rats were used for the paraffin method and four for the cryostat method. For 10-day-old rats, five rats were used for the paraffin method and four for the cryostat method. For the 20- to 22-day-old rats, three rats were used for the paraffin method and five for the cryostat method. For adult rats, four rats (two males and two females) were used for the paraffin method and six rats (three males and three females) were used for the cryostat method.

Three types of controls were used for these experiments: purified hFABP was added to immune rabbit serum in a concentration of 5 µg of antigen/0.1 ml of immune rabbit

diluted with TBS-NSS. A series of dilutions was then made so that the concentration of antigen to antibody decreased to 5 ng of antigen/0.1 ml of diluted immune rabbit serum. These dilutions were kept at 4°C for 48 hr before being used. The same procedure was followed to establish the specificity of the staining for gFABP. In this case, however, 6.8 µg of antigen/0.1 ml of antibody was used. Second, each experiment was done using duplicates of the experimental slides for the application of pre-immune or non-immune rabbit serum as a specificity control. Third, each experiment substituted normal sheep serum instead of the biotinylated secondary antibody on one slide.

One observer graded in a blind fashion the intensity of immunoperoxidase staining on coded slides using a scale of 0, 0.5, 1, 2, 3, 4, to describe an increasing intensity of stain (17, 18). Well-oriented villi were divided into five zones for the purpose of grading. The villus absorptive cells were divided into three areas: the villus tip, mid-villus region, and a deep villus region; the crypt area was divided into two areas: a superficial and a deep crypt area (18). Cells in each of these areas were graded for the intensity of staining on the brush border, apex, base of the cell, and Golgi apparatus (17, 18).

The data for villus regions were analyzed by a mixed model analysis of variance (Anova) which tested for effects of the two different antibodies and the two different methods as well as for interaction between age and area, and sex, age, and area (19). Since there was rarely any staining in the crypt region, these data were not included in the statistical analysis.

## RESULTS

### Overall staining patterns for hFABP and gFABP

No significant difference was noted in the cellular localization of gFABP or hFABP except for more intense staining ( $P = 0.03$ ) for hFABP in the apex of cells in the deep villus area. Staining for gFABP and hFABP was confined almost entirely to villus cells. There was little to no staining present in the superficial or deep crypt regions for either protein. No brush border or goblet cell staining was noted.

The staining intensity for both proteins was greater using the cryostat method, but only the base of the cells ( $P = 0.01$ ) and the Golgi apparatus in the villus tip area ( $P = 0.001$ ) showed a statistically greater staining intensity with cryostat as compared to paraffin sections. The morphological preservation of cellular membranes and intracellular detail was distinctly superior with the paraffin method.



**Fig. 2.** High power light micrograph of a paraffin section of a 10-day-old rat jejunum stained for hFABP showing very prominent globular staining in the Golgi apparatus (arrow). No brush border or nuclear staining is noted. There is no difference between apical and basal staining. X7,500.

### Specific patterns of staining throughout development for hFABP and gFABP

Since no major differences were noted between staining patterns for gFABP and hFABP, the two staining patterns will be described together.

During the suckling period there were two sharply defined gradients of staining noted. The first one was the decreasing gradient of staining going from top of the villus to the crypt with a fairly abrupt cut-off of staining at the level of the crypt (**Fig. 1**). The second gradient was that going from the duodenum to the ileum showing a

marked diminution in staining going from intense staining in the proximal intestine to essentially no staining in the distal intestine (**Table 1**). Staining in the villus cells was found diffusely throughout the cytoplasm with apical staining being greater than basal staining. Staining in the duodenal cytoplasm often outlined droplets in the apical portion of the cell (data not shown). No staining was noted in the large apical vacuoles of the ileum. The apical portion of the duodenal villus tip cells had significantly ( $P = 0.01$ ) more staining for FABP during the suckling period (4- and/or 10-day-old rats) compared to the weanling or adult period. In addition, the Golgi apparatus

TABLE 2. Intensity of small intestinal hFABP staining by the cryostat immunoperoxidase technique in the weanling rat<sup>a</sup>

	Duodenum	Jejunum	Ileum
Villus tip			
Apex	1.2 ± 0.3	1.2 ± 0.5	1.3 ± 0.4
Base	0.8 ± 0.3	1.1 ± 0.3	0.9 ± 0.5
Golgi	0.2 ± 0.1	0.7 ± 0.4	0
Mid-villus			
Apex	0.9 ± 0.2	0.7 ± 0.4	0.7 ± 0.3
Base	0.2 ± 0.1	0.5 ± 0.2	0.3 ± 0.2
Golgi	0	0.3 ± 0.2	0
Deep villus			
Apex	0.3 ± 0.1	0.2 ± 0.1	0.1 ± 0.1
Base	0.3 ± 0.1	0	0
Golgi	0	0	0

<sup>a</sup>Mean ± SEM of the blind grading of slides; n = 5. The same data were obtained for weanling rats with paraffin sections.

(Fig. 2) had significantly more staining in the villus tip, deep villus ( $P = 0.001$ ), and mid-villus ( $P = 0.05$ ) in the suckling period than in the weanling or adult period (compare Table 1 to Tables 2 and 3).

In the weanling animals, a decreasing gradient of staining was again noted going from the top of the villus to the crypt area with essentially no crypt staining. However, in contrast to the suckling and adult periods, there was no gradient of staining noted from proximal to distal intestine. Rather the villus tip cells of the duodenum, jejunum, and ileum showed a similar staining intensity (Table 2). The intracellular pattern of staining was diffusely cytoplasmic with apical greater than basal staining and little staining in the Golgi apparatus area.

In the adult animals, there were two decreasing gradients of staining; one, going from the top of the villus to the crypt area (Fig. 3), and the other going from the proximal to the distal intestine. However, in contrast to the suckling period where the proximal to distal gradient was very steep and duodenal staining was most intense, in the adult intestine, there was a very gradual decrease in staining noted going distally, and the proximal jejunum showed maximum staining (Table 3). Apical cytoplasmic staining was generally greater than basal staining (Fig. 4); however, occasionally, the bases of cells were more heavily stained than the apices. There was little staining in the Golgi apparatus area (Table 3).

There was no effect of sex on the villus staining pattern in the adult rat.

### Controls

The addition of hFABP or gFABP antigen to their respective antibodies completely abolished all staining. As the concentration of each antigen to antibody decreased in the series of titrations done, the staining for each anti-

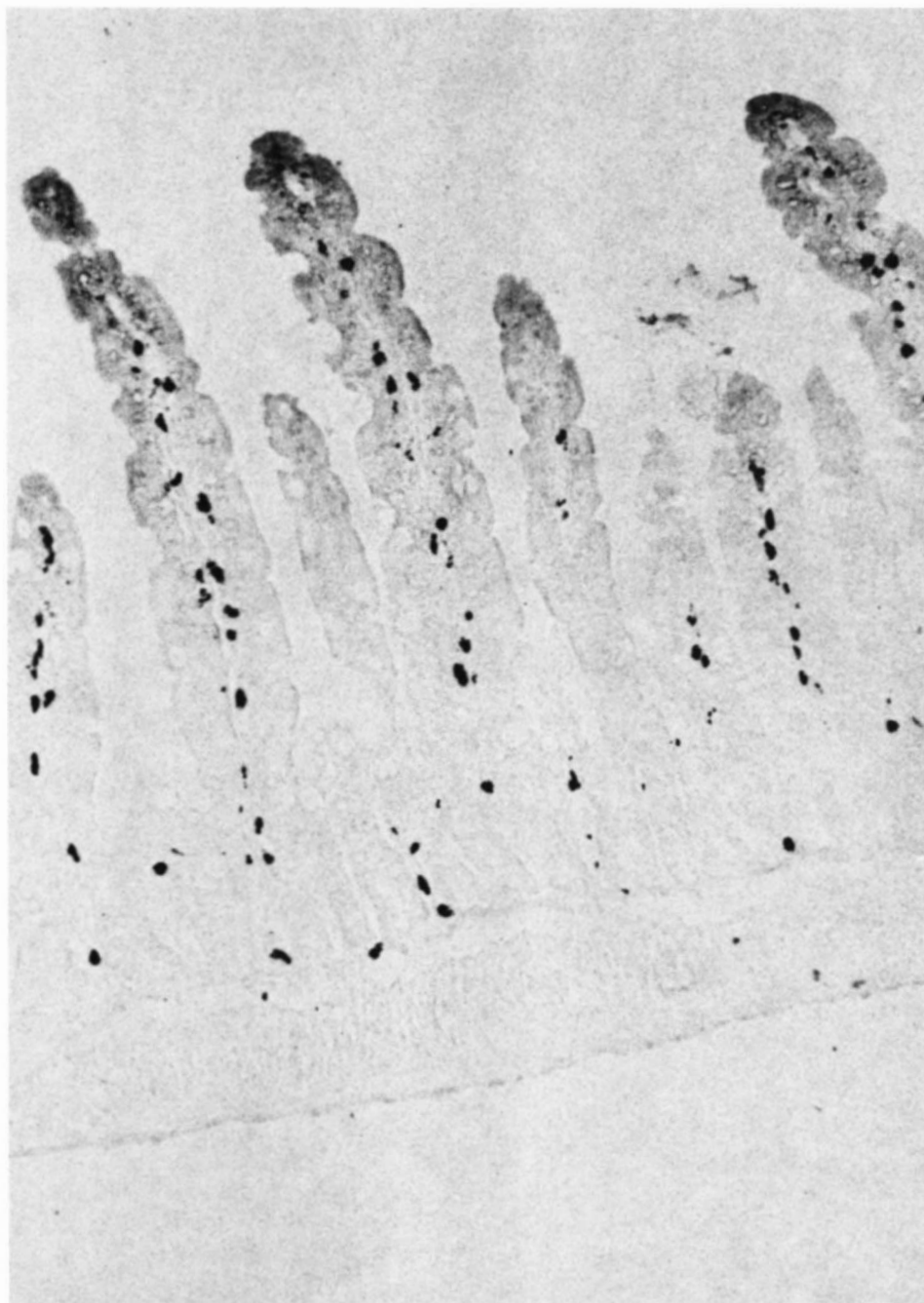
gen returned to its normal intensity. There was no staining noted when pre-immune or non-immune rabbit serum was used as the specificity control or when the biotinylated secondary antibody was replaced by normal sheep serum as the method control.

## DISCUSSION

hFABP and gFABP are small molecular weight, cytosolic proteins that are structurally and immunologically distinct (3, 4), although their amino terminal sequences show some homology (5). hFABP is synthesized in the liver as well as the intestine (10). Studies of the cell-free translation products of enterocyte mRNA have shown that two of the most abundant mRNAs of the intestine encode for FABPs, with 2% and 3% of the total small intestinal mRNA directed toward the synthesis of gFABP and hFABP, respectively (10). Prior studies have shown that gFABP in the adult Sprague-Dawley rat is present in higher amounts in the proximal compared to distal intestine, is primarily located in the villus rather than crypt areas, and is increased in the middle and distal small intestine in response to a high fat diet (3). It has been hypothesized that these proteins transport long chain fatty acids from the cytoplasmic side of the intestinal brush border to their sites of utilization and perhaps play a role in promoting esterification of fatty acids (3). However, direct proof of their function(s) is lacking.

Our morphological data using monospecific antisera to hFABP and gFABP and a very sensitive immunocytochemical method support and extend the previous biochemical data. We have shown that these proteins are present diffusely throughout the cytoplasm of the small intestinal cells during the rat's postnatal development. No staining was present on the brush border, in goblet cells, or in the lamina propria. Staining was generally more intense in the apical portion of the villus cells compared to their bases and also more intense in the villus tip cells compared to deep villus cells.

Although biochemical and immunological differences have been recognized between these gFABP and hFABP (3, 4), they appear to have very similar locations within small intestinal epithelial cells. The deeper location of hFABP on the villus could represent its earlier expression in the enterocyte. The presence of both proteins more in the villus than crypt areas, more in the proximal rather than distal intestine, and more in the apical rather than basal part of the cell is consistent both with the biochemical data showing them to be soluble rather than membrane-bound proteins (3, 4), as well as with their proposed involvement in fatty acid transport (11, 12). Ultrastructural studies might help to define more subtle differences in the

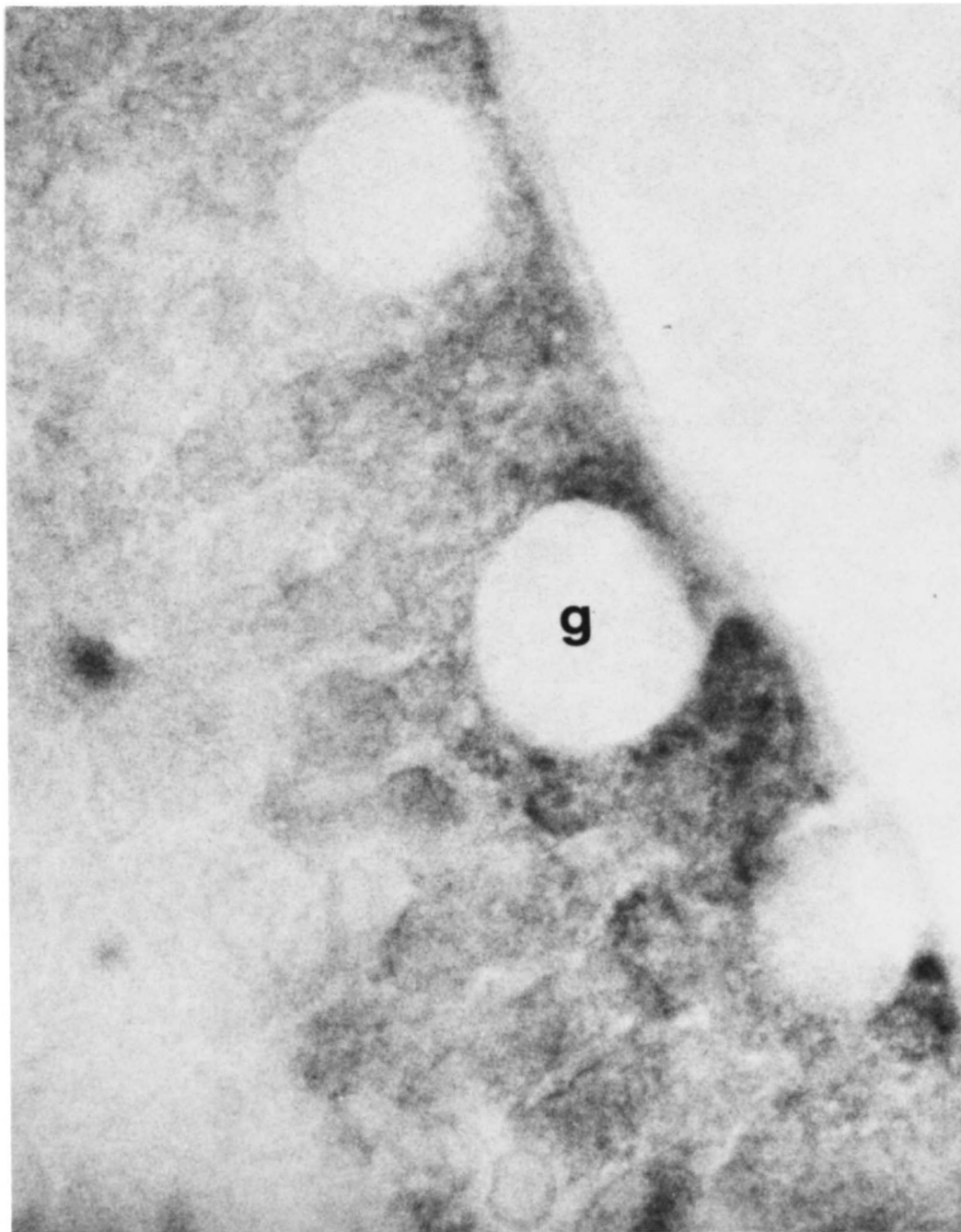


**Fig. 3.** Low power light micrograph of a cryostat section of a 60-day-old adult rat jejunum (midpoint of the intestine) stained for gFABP showing immunoperoxidase staining of the villus cells with no staining of the crypt cells. The apices of the villus tip cells are more heavily stained than are the bases. X750.

localization of these proteins intracellularly.

These two small molecular weight cytosolic FABPs are different from the recently described membrane-associated fatty acid-binding protein in rat jejunal microvillus membranes which, by immunofluorescence, was found in the

apical portion and on the lateral cell borders of the rat jejunum (20). This membrane-associated fatty acid-binding protein was identical immunologically to the previously noted rat hepatic membrane fatty acid-binding protein (21).



**Fig. 4.** High power light micrograph of a paraffin section of a 60-day-old adult rat duodenum stained for hFABP showing diffuse cytoplasmic staining darker in the apex of the villus tip cells compared to their bases. No staining is present in goblet cells (g) or on the brush border. X7,500.

Although prior biochemical studies have shown that gFABP increases in response to a high fat diet in adult rats (3), our data did not show an increase in staining in the suckling period (except in the Golgi apparatus and the apical portion of the villus tip cells). A uniform increase in staining might have been expected since, during the suckling period, the rat subsists entirely on its mother's

milk (22, 23) which is a very high fat diet compared to adult chow (23, 24). Holtzapple, Smith, and Koldovsky (25), though, previously found equivalent amounts of FABP in the cytosol of a 6-day-old suckling rat and adult rat jejunal mucosa, and a recent study (26) examining the changes of hFABP and gFABP mRNAs during development showed that the mRNAs for both proteins were some-

TABLE 3. Intensity of small intestinal hFABP staining by the cryostat immunoperoxidase technique in the 60-day-old adult rat<sup>a</sup>

	Duodenum	Proximal Jejunum	Jejunum	Proximal Ileum	Terminal Ileum
Villus tip					
Apex	1.3 ± 0.2	2.0 ± 0.2	1.5 ± 0.3	1.0 ± 0.2	0.8 ± 0.2
Base	0.8 ± 0.1	0.9 ± 0.0	0.8 ± 0.2	0.6 ± 0.1	0.5 ± 0.1
Golgi	0.5 ± 0.2	1.0 ± 0.3	0.5 ± 0.3	0	0
Mid-villus					
Apex	0.5 ± 0.1	1.0 ± 0.2	0.5 ± 0.2	0.5 ± 0.0	0
Base	0.3 ± 0.1	0.6 ± 0.1	0.5 ± 0.1	0.2 ± 0.1	0
Golgi	0	0	0	0	0
Deep villus					
Apex	0.1 ± 0.1	0.3 ± 0.1	0.3 ± 0.1	0	0
Base	0	0.5 ± 0.4	0.2 ± 0.1	0	0
Golgi	0	0	0	0	0

<sup>a</sup>Mean ± SEM of the blind grading of slides; n = 6. The same data were obtained for adult rats using paraffin sections.

what higher in the adult rat compared to the suckling animals. Future immunocytochemical studies of both fasted and fed suckling and weanling rats may shed more light on the responsiveness of these animals' small intestinal FABP levels to fat feeding.

Although FABP is present in the adult rat ileum, we noted no staining in the suckling rat terminal ileum for FABP. However, lipid is not ordinarily found in the vacuolar system of the suckling rat ileum, since absorption is completed more proximally (27). Prior histological studies showed that the apical droplets in the duodenum of the suckling rat (that we noted were surrounded by staining for FABP) contain fat (28). We also noted that the Golgi apparatus area was more prominently stained in suckling animals (4- and 10-day-old) than in adult rats. Previous workers have demonstrated that the largest amount of fat in suckling animals is found in the area of the Golgi apparatus (28). In the adult rat the Golgi apparatus is the first place in the enterocyte to accumulate fat after fat feeding (29).

The most dramatic change in gradient of staining occurs going from the suckling to the weanling animals. The steep gradient going from the proximal to the distal intestine of suckling rats is replaced with a pattern showing no gradient in staining from the duodenum to the terminal ileum in the weanling animals. In addition to the multiple changes occurring in the intestine during the weanling period (30-32), pancreatic lipase increases leading to increased delivery of fatty acids to the entire small intestine during the weanling period (33), which may account for the gradient change.

The adult rat intestine does not show any effect of sex upon staining intensity or pattern for either FABP. These results differ from those found in the liver with hFABP and may indicate different hormonal effects on the FABP from the two organs (34). However, we did not examine

the effect of sex upon staining in the suckling or weanling period.

In summary, our studies indicate a cytoplasmic location for both gFABP and hFABP in the intestinal cell. Both proteins undergo similar shifts in staining patterns during development, and these changes may be related to variations in dietary fat intake, rates of cell proliferation, intestinal cellular anatomy, and mechanisms of fat absorption. Our data support the proposed involvement of these fatty acid-binding proteins in fatty acid transport. ■

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